

catch a wave

Forget perfectly straight locks

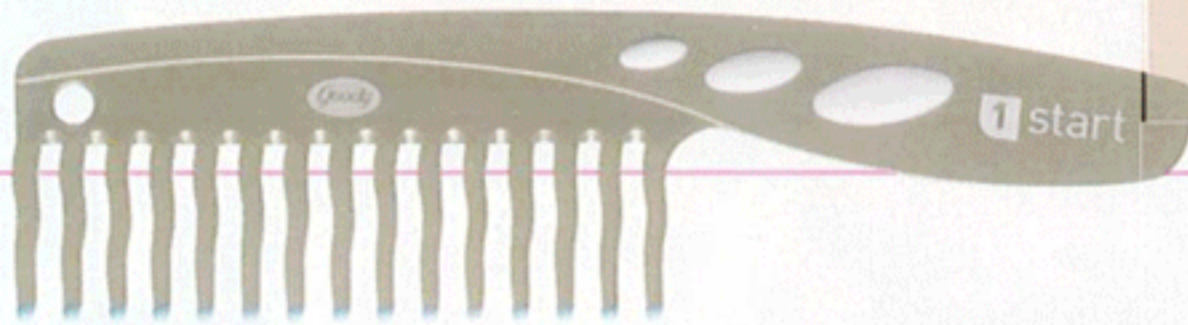
This season, soft waves are the look to sport, and celebrity stylist Andy LeCompte swears they're simple to achieve. Start in the shower by washing hair with a moisturizing shampoo and combing in conditioner from mid-shaft to ends. Then, on towel-dried hair, apply a frizz-reducing product from roots to ends. Next, section off locks and work through a curl-enhancing cream while twisting each section. Finally, blow-dry hair with a diffuser and scrunch sections. Once waves cool, run your fingers through to loosen.



comb... Goody's comb detangles wet hair without breakage. \$3; at Walgreens

defrizz... Sally Hershberger Supreme Head Style Primer for Wavy Hair keeps flyaways under control. \$12.50; at Walgreens

boost style... Sunsilk Waves of Envy Gel & Cream Twist defines and holds waves. \$3.70; at drugstores



WD trend watch a fresh coat

Spring jackets have arrived with feminine flair and fun colors. Here, our favorites—all under \$100.



1. Venus stretch twill belted jacket in Putty, \$98; venus.com
2. Nicole by Nicole Miller plaid jacket, \$70; jcp.com
3. Dress Barn cotton anorak in yellow, \$35; dressbarn.com

80% of the aging our skin experiences is due to sun exposure—which means that smoking, gravity, facial expressions and sleep position account for only 20%.

melissa's must!

My best friend Kielin is getting married this month. Since I'm a bridesmaid, I wanted to brighten my smile before her big day. When I stumbled on the Luster 1 Hour Tooth Whitening Kit, I knew I'd found my solution. After an hour (the kit requires you to rinse, apply a gel and aim a blue light at your teeth), I couldn't believe the glow coming off my pearly whites. \$40; at drugstores



PHOTOGRAPHS: KEITH LATHROP (wavy hair); TODD HUFFMAN (jackets); DEVON JARVIS (other stills); PETER LAMASTRO (Melissa). HAIR: CHRISTOPHE FOR JAM ARTS (wavy hair). MAKEUP: SUE PIKE FOR SALLY HERSHBERGER (wavy hair). FASHION STYLING: DELPHINE DORES FOR JAM ARTS (wavy hair). STATISTIC: AMERICAN ACADEMY OF DERMATOLOGY